



# EXCELLENCE

Journal of Private Medicine

1/25

30  
YEARS

THE HOUSE OF  
DOCTORS FOR DOCTORS



## 30 YEARS – THE STORY

Successfully positioned  
for the future

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## FOCUS ON CANCER

Recognizing basal cell  
carcinomas and squamous  
cell carcinomas

Page 08

## WORLD'S BEST HOSPITAL

Awarded for 5 years  
in a row

Page 26



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## Proud of our achievements, confident about the future!

Wiener Privatklinik (WPK) is celebrating a significant anniversary this year: it has been run as a 'house of doctors for doctors' for 30 years – a mission statement that is put into practice every day. However, its roots go even deeper: for 140 years, the WPK has stood for medical expertise, progress and commitment to patient welfare. By renaming the 'Journal für Private Medizin' to 'Excellence', we are aiming to bring this commitment to excellence directly to our patients – through medical expertise, scientific innovations and insights into the work of the outstanding doctors who work at the WPK. Wiener Privatklinik creates an environment that enables peak performance – equipped with state-of-the-art medical technology, supported by excellent care and underpinned by a philosophy based on medical quality, scientific excellence and personal responsibility. We are particularly pleased that this commitment has also been recognized internationally – we have been voted one of the 'World's Best Hospitals' for the fifth time in a row. In 2024, we were awarded the Austrian Chamber of Commerce Export Prize. Many of our doctors are listed in Stanford's list of the world's top 2% of medical professionals. These successes are not only an honor for us, but also a commitment: we look to the future with a clear vision and have an ambitious goal – we want to remain among the best of the best for the next 30 years. To this end, we are continuously developing, expanding our range of services and creating new opportunities for excellent medical practice – for the benefit of our patients.

Sincerely,  
Thomas Ebm  
CEO of Wiener Privatklinik

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# 30 YEARS OF WIENER PRIVATKLINIK

Wiener Privatklinik is one of Austria's most renowned private clinics, and sets its own standards in modern medicine. In a personal retrospective, Dr. Walter Ebm recalls the difficult beginnings, while Thomas Ebm is starting to look at big plans for the future.



**‘Wiener Privatklinik is now so specialized that it cannot be compared to conventional private hospitals.’**

Dr. Walter Ebm

## The WPK is celebrating its anniversary: What milestones have there been?

*Walter Ebm:* Wiener Privatklinik can look back on 140 years of history: since our takeover in 1995, we have been contributing to this history as a ‘house of doctors for doctors’ – and with great success. After all, the clinic was in a difficult position when we took over, and we had to work hard for two years to rebuild it. But after that, it was progress after progress: the opening of the Schloss Liechtenstein retirement home and the completion of the south wing in 2005 gave us a sense of optimism, and the development of the Health Service Center (2014) and the launch of radiation therapy (2016) made the WPK a force to be reckoned with in the private market.

## What makes the WPK so special?

*Walter Ebm:* From the very beginning, we wanted to be one of the best, and we have worked hard to provide the most modern, up-to-date equipment. This is so that doctors always have a state-of-the-art environment in which they can treat their patients optimally. We are a kind of ecosystem in which top services are provided because everyone involved works together magnificently and does what they do best. And we continue to develop together – in order to meet the ever-increasing demands placed on us, on the doctors and, of course, on the patients.

Photo S. 4: Tatiana Weber, Photo S. 5: Stephan Huger

## Your summary: Where does the WPK stand today?

*Thomas Ebm:* Our anniversary year is indeed the most successful in the history of the WPK – with the highest number of patients, admissions, doctors and operations, and record revenues. Added to this is an outstanding international reputation, which we owe to our dedicated nursing and administrative team and our excellent doctors. It is no coincidence that we have been named ‘World’s Best Hospital’ five times in a row and rank highly in international doctor rankings: a special board of experts ensures that our quality standards are high and remain so. Last but not least, a highly future-oriented investment strategy keeps us on the road to success.

## And where is the WPK headed?

*Thomas Ebm:* Once again, we are expanding, doubling our floor space and increasing our capacity by 2027: six operating theaters, an intensive care unit, intermediate care, a recovery room and our own sterilization and reprocessing department are just some of the new features planned – plus a floor for administration and rooms that can be rented in the future. The same applies to all areas: a full focus on digitalization and AI – because hybrid, robotic systems will be needed to work efficiently and conserve resources in the future. After all, we want to establish the WPK as a brand, continue to pursue internationalization, and be the first point of contact for medical expertise throughout Europe.

**‘We have always reinvested profits in order to enable as much in-house innovation as possible.’**

Thomas Ebm



The expansion of the WPK began in March and will bring even more medical options by 2027.



# ANNIVERSARY CELEBRATION MARKED BY MEDICAL EXCELLENCE

**Celebrations should be enjoyed when they happen, which is why Wiener Privatklinik invited guests to a glamorous gala evening at the MAK exhibition hall to mark its 30th anniversary. Around 450 guests from the worlds of medicine, business, politics and society were in attendance as co-founder and co-owner Dr. Walter Ebm and managing director Thomas Ebm looked back on the success story of Wiener Privatklinik and provided insights into exciting plans for the future.**

Over three decades, the House of Doctors for Doctors has developed into a clinic for cutting-edge medicine. As such, it is one of the best hospitals in the world. This fact 'fills me with pride and gratitude,' as WPK co-founder and co-owner

Dr. Walter Ebm emphasized in his speech to the nursing and medical team. In a joint review, the successes of recent years were highlighted once again and the next milestones outlined. Managing Director Thomas Ebm provided information on the expansion at the Mariannengasse site, which began in March 2025. The WPK is investing 55 million euros in the expansion, which marks an 'important step for the future of Wiener Privatklinik, because it will offer even more options for patients and strengthen the clinic's international position'.



The festive gala was used to thank doctors for their long-standing partnership. Honors were awarded to, among others, Univ.-Prof. Dr. Ramazanali Ahmadi, Dr. Walter Ebm, Prim. Dr. Andreas Kainz, Prim. Dr. Camel Kopty, Prof. Dr. Rainer Kotz, Dr. Hans Malus, Univ.-Prof. Dr. Erich Minar, Prof. Dr. Brigitte Schurz, Dr. Helmut Reihls and Univ.-Prof. Dr. Christoph Zielinski, as well as posthumously to Univ.-Prof. Dr. Rudolf Schabus and Univ.-Prof. Dr. Hanno Millesi. Dr. Thomas Szekeres and OMR Dr. Johannes Steinhart were honored for their special services to the WPK.



Cathedral priest Toni Faber and opera singer Birgit Sarata took the opportunity to attend the anniversary celebrations.



The WPK team from left to right: Univ.-Prof. Dr. Christoph Zielinski, Thomas Ebm, Gabriele Giehser, Thomas Bogendorfer

The evening offered guests a varied program, which also included Claudia Stöckl and Udo Reichmann.





## EXPERT TIPS



### Risk factors for white skin cancer

Priv. Doz. Dr. Christiane Thallinger, specialist in dermatology and venereology

Many factors are relevant to the development of white skin cancer – above all excessive exposure to the sun. Frequent sunburn and long periods of exposure to the midday sun are considered risk factors for the development of white skin cancer.

People with fair skin and red hair are particularly at risk of developing white skin cancer.

Certain medications – immunosuppressive drugs, diuretics, etc. – can also increase the risk of developing white skin cancer. There are also rare genetic disorders that are associated with an increased risk of white skin cancer, such as basal cell carcinoma or squamous cell carcinoma. The best prevention is to protect yourself from direct sunlight: this

can be achieved with adequate sunscreen products with a sufficiently high sun protection factor, by wearing appropriate sun-protective clothing or simply by avoiding the sun. The earlier malignant skin diseases are detected, the higher the chances of recovery, which is why regular check-ups of the entire skin by a dermatologist are strongly recommended.



### Chances of recovery from white skin cancer

Dr. Klaus Guggenberger, Dermatology, Venereology and Allergology

Skin cancer can develop almost anywhere on the body, most commonly in the form of basal cell carcinomas, which mainly occur where the skin is regularly exposed to the sun. It is much less common in the form of squamous cell carcinomas, which can also be found in areas that are not exposed to much sun. The chances

of recovery for all forms of white skin cancer, including its precursor, actinic keratosis, are excellent, provided they are detected early and treated appropriately. While actinic keratoses can be treated and eliminated effectively in the early stages with creams, gels or liquid nitrogen, more advanced forms should be removed

surgically with a narrow safety margin.

At Wiener Privatklinik, the entire procedure for the treatment of white skin cancer can be carried out under one roof – from diagnosis and removal to histological examination and follow-up checks.

## IN FOCUS: WHITE SKIN CANCER

White skin cancer – in the form of basal cell carcinoma and squamous cell carcinoma – is the most common tumor in humans and, unlike other cancers, is much more complex and diverse in its treatment than is often assumed. Article by Dr. Lena Hampel, specialist in dermatology and venereology, specializing in skin cancer and dermatological surgery.

Depending on the type, location, size and severity, different methods are used to provide the best treatment. Non-surgical procedures such as cryotherapy or laser treatment are used for isolated areas of pre-cancerous skin lesions. Photodynamic therapy (PDT) and medicinal cream treatments are particularly suitable for large areas affected by actinic keratoses, as they destroy the tumor cells.

For nodular and aggressive forms of white skin cancer, surgical removal by a dermatological surgeon is the best option. The gold stand-

ard for surgery on the face and cosmetically relevant areas is Mohs surgery, which, according to the US procedure, achieves the smallest surgical defect/scar and the highest healing rates. In Mohs surgery, the tumor is removed in stages in a single session with 100% control of the surgical margins, and the defect is only closed once the tumor has been completely removed. For successful treatment with the entire spectrum of tumor therapies, it is therefore recommended to consult a dermatologist specializing in skin cancer at Wiener Privatklinik.



**‘If you’re not sure or if the treatment isn’t working, you should get a skin sample checked out.’**



Dr. Lena Hampel is the only Mohs surgeon in Austria. MOHS.AT – Centre for Skin Cancer and Mohs Surgery

# NERVE LESION

Nerve lesion is damage to nerve tissue, particularly damage to a peripheral nerve. Early diagnosis and treatment at a specialized center are crucial for restoring the functionality of the affected nerve as far as possible. The interdisciplinary team at Wiener Privatklinik supports and promotes the achievement of the best possible functional results for patients.



Trauma such as fractures or cuts, anatomical bottlenecks, pressure, tumors or injuries following medical procedures can all lead to nerve lesions. Depending on the type, severity and location, these manifest as pain, tingling and/or motor failure. This means that individual functions/movement patterns no longer work. Both temporary and prolonged loss of function of the affected nerve is possible.

‘The detection of nerve lesions requires a combination of clinical examination and diagnostic procedures,’ explain OA Dr. Savas Tsolakidis and Univ. Prof. Dr. Robert Schmidhammer, specialists in peripheral nerve surgery at the Millesi Center at Wiener Privatklinik. For the clinical status quo, this means: ‘In the medical history, we record symptoms and possible causes, check for motor and sensory deficits in the affected nerve areas, subject the affected muscles to a strength test and perform a sensitivity test.’ If additional information is required, electrophysiological examinations such as nerve conduction velocity (NCV) and muscle activity measurements (EMG), as well as imaging techniques such as high-resolution nerve ultrasound, may also be included in the diagnosis.

‘In cases of nerve injury with loss of function, an examination should take place within 12 months, as the chances of complete regeneration of nerve function decrease with the passage of time.’

OA Dr. Savas Tsolakidis, FEBOPRAS, FACS and  
Univ. Prof. Dr. Robert Schmidhammer

## Imaging techniques are a must today

Precise diagnosis and treatment also require accurate localization of the nerve lesions. Two complementary methods are used for this purpose: high-resolution nerve ultrasound, a real-time imaging technique that uses sub-millimeter resolution to clearly visualize structural changes such as nerve swelling or compression; and MR neurography, which is particularly suitable for imaging deep-seated nerves and for functional assessment.

‘The higher the resolution of the imaging, the more accurate and differentiated the diagnosis can be,’ emphasizes radiologist Dr.

Suren Armeni Jengojan. ‘This then enables the targeted selection of therapy – be it conservative, interventional or surgical – and prevents unnecessary invasive procedures.’ At the same time, targeted minimally invasive measures such as ultrasound-guided injections or nerve ablation and surgical procedures can be optimally planned and performed if necessary. At Wiener Privatklinik, patients can rely on excellent interdisciplinary cooperation with leading specialists in neurology, neurosurgery, orthopedics and plastic surgery, and thus on comprehensive treatment planning and optimal therapies.



‘We use state-of-the-art equipment with specialized transducers for detailed diagnoses and ultrasound-guided, minimally invasive procedures, and work closely with the Radiology Center at the WPK.’

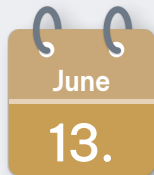
Dr. Suren Armeni Jengojan, specialist in radiology

Carpal tunnel syndrome is a painful narrowing of the median nerve in the wrist. This can cause pain, tingling or numbness in the fingers and thumb. Conservative therapy can help in mild cases. If symptoms persist or worsen, surgery is recommended.





## Event preview!



**77th WPK Academy:** Robotic Surgery  
Chaired by Thomas Ebm and Christoph Zielinski, leading experts will provide insights into modern robotics and demonstrate how it is further improving surgical procedures



**78th WPK Academy:** Early Breast Cancer  
As part of Pink Ribbon Month, Wiener Privatklinik and Cancer Aid are hosting an information evening on the topic of breast cancer. Patients, relatives and interested parties are cordially invited to attend this free event.



Photo S. 12: Catalin Balasa, Photos S. 13: Suzy Stöckl

## Wiener Privatklinik Academy: a winning concept for high-quality care

In a time of explosive growth in medical knowledge, as is reflected in significant advances in patient care, interdisciplinary presentation and critical discussion of progress is of particular importance. The Academies of Wiener Privatklinik are committed to this goal by not simply offering the latest treatment options in the wide range of medical fields represented by affiliated physicians at Wiener Privatklinik. With this in mind, academies on cardiological, orthopedic and various oncological topics have been held over the past few years. These have met with great interest from doctors from outside the clinic, affiliated doctors and general practitioners, who work together with the affiliated doctors to ensure the quality of medical care at the clinic, as well as from the nursing staff at Wiener Privatklinik. The principle of the academies at Wiener Privatklinik is to provide excellent, academically high-quality presentations on relevant topics by specialists in the respective field, thus ensuring state-of-the-art care that directly benefits the patients treated at Wiener Privatklinik. This demonstrates commitment to innovation and implementation of the latest therapeutic methods at Wiener Privatklinik. The most recent academies on

22 February dealt with urological topics, focusing on therapy, diagnostics, genetics, risk definition and conservative and surgical treatment of prostate cancer, with a particular emphasis on treatment using the DaVinci robot. The next academy – already the 77th – will deal with robotic surgery and its application in a wide range of surgical indications, including prostate cancer, upper gastrointestinal tract surgery, lung cancer, colon and rectal cancer, and hernias.

To mark Breast Cancer Awareness Month, the 78th academy in October will focus on the diagnosis and, in particular, the interdisciplinary treatment of breast cancer.

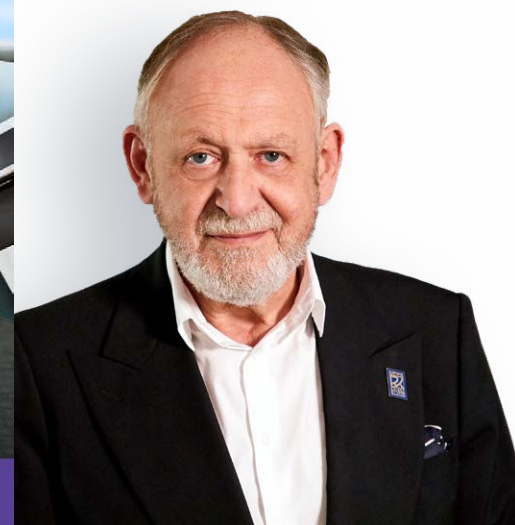
Due to high demand, the aim is now to extend the WPK academies to interested patients, enabling them to obtain information about their disease.

Also due to high demand, the WPK Academy concept has been extended to countries from which patients come to Wiener Privatklinik for treatment. In this regard, WPK Academies for doctors and patients have been held in Romania and Bulgaria over the last few years, and are soon to be extended to Serbia.

**Modern radiation therapy techniques aim to maximize the dose of radiation that the tumor receives while minimizing the radiation exposure of the surrounding healthy tissue.**

**We are here for you right from the start!**

- Breast cancer
- Prostate cancer
- Bronchial carcinoma
- ENT tumors
- Colorectal cancer
- Anal canal carcinoma
- Gynecological tumors
- Radiation therapy for metastases
- Skin tumors
- Tumors in the central nervous system
- Lymphoma
- Esophageal carcinoma
- Gastric carcinoma
- Pancreatic carcinoma
- Sarcomas
- Thyroid carcinoma
- Liver tumors
- Carcinoma of the bile ducts
- Bladder cancer
- Testicular tumors



Univ. Prof. Dr. Dr. h.c.  
Christoph Zielinski,  
Medical Director



‘DaVinci enables millimeter-level precision.’

Univ. Prof. Dr. Dr. h.c. Alexander Rokitansky, Head of the Department of Surgery



## Robot-assisted tumor surgery

Robotic tumor surgery enables maximum precision in the smallest of spaces, especially in anatomically complex regions such as the small pelvis or mediastinum. High-resolution, three-dimensional imaging with up to 40x magnification and stabilized instrument guidance enable the most delicate structures to be displayed precisely and preserved. A DaVinci robotic system has been in successful use at Wiener Privat-

linik for two years, establishing this state-of-the-art telemanipulative technology in clinical practice. The integration of augmented reality and image-guided navigation further improves intraoperative orientation. This allows tumors to be resected more precisely, surrounding healthy tissue to be better preserved and surgical trauma to be significantly reduced – with shorter recovery times and optimized functional outcomes.

Photos S. 14: intuitive surgical, Wiener Privatklinik, Photo S. 15: Ernst Kaiserstorfer



# STOCKHOLM3 TEST: NEW STANDARDS IN PROSTATE CANCER DIAGNOSIS

**Prostate cancer is the most common cancer diagnosis in men. Every year, over 7,000 new cases are diagnosed, accounting for 29% of all cancer diagnoses in men. By 2040, incidence rates are projected to increase by nearly 22%, highlighting the urgent need for accurate and early diagnostic options.**

rate and quality of life for patients.

### Greater precision in detection

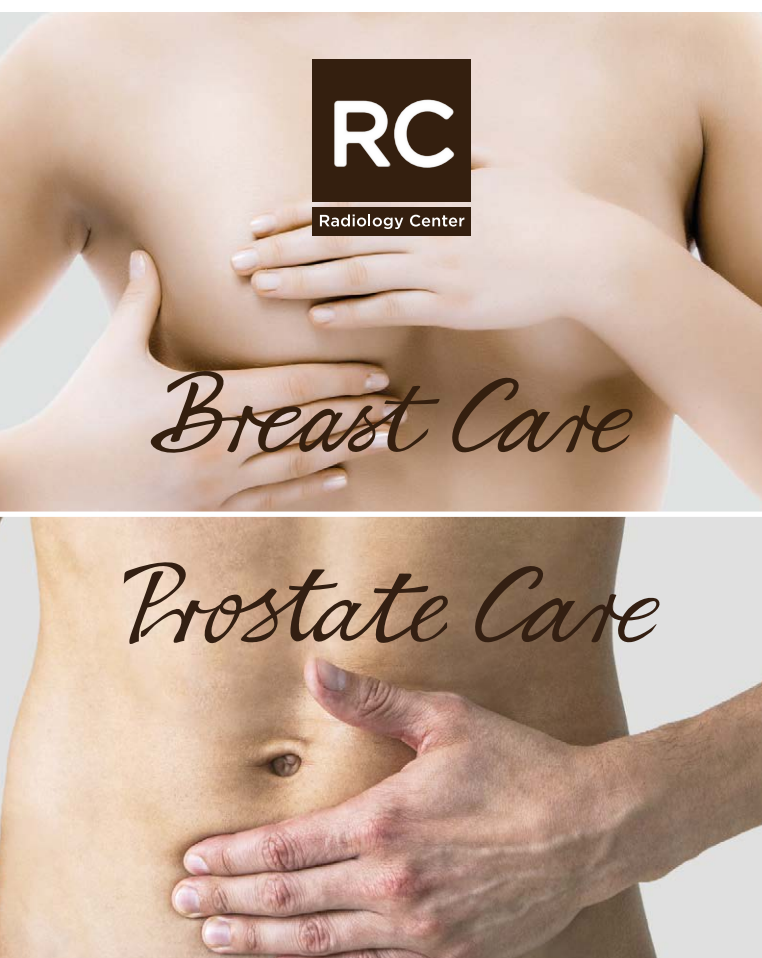
The Stockholm3 test is a state-of-the-art screening tool that not only measures prostate-specific antigen levels, but also analyses five protein markers, over 100 genetic markers and clinical data such as age and family history. This comprehensive approach enables greater diagnostic precision and early identification of high-risk patients. False positive and false negative results, which are common with the widely used PSA test, are eliminated.

Prof. Christoph Zielinski, Medical Director of Wiener Privatklinik and Professor of Medical Oncology and Clinical Immunology, explains: *‘The Stockholm3 test represents a significant improvement in the prediction of prostate cancer risk. This accuracy not only enables high-risk patients to take preventive measures, but also reduces healthcare costs.’*

‘The WPK Academy Central European Cancer Centre offers state-of-the-art treatment options based on the latest scientific findings.’



Univ. Prof. Dr. Georg Schatzl is proud of the advanced preventive measures offered by the WPK.



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*Breast Care*

*Prostate Care*

## PEACE OF MIND THROUGHOUT LIFE

Within a few days, we will provide you with clarity regarding your state of health and offer you comprehensive service: we are there for you right from the start!

### Breast cancer

- Early detection of breast cancer with magnetic resonance imaging for high breast density (ACR category 3 or 4) and in follow-up care after breast cancer
- Direct clarification of unclear mammography findings (BIRADS 0)
- Clarification in cases of suspected breast cancer (BIRADS 4 and BIRADS 5) with needle biopsy

### Prostate cancer

- Clarification of increased risk in cases of elevated PSA levels and after a Stockholm3 test
- Planning of MRI-fused prostate biopsy
- Staging with PSMA-PET/CT for treatment planning
- Lutetium-177-PSMA therapy as recommended by the tumor board

[www.radiology-center.com](http://www.radiology-center.com)



# LONGEVITY: THE DESIRE FOR A LONG LIFE



People have always been preoccupied with the idea of immortality. In recent decades, this desire has become more concrete thanks to increasing health awareness and significant advances in medicine. It is no longer just about prolonging life – the focus is now on maintaining vitality, functionality and quality of life.

More and more people are actively committed to their longevity by eating a balanced diet, exercising regularly, getting enough restful sleep and managing stress effectively. However, they are also taking regular preventive health measures to detect diseases at an early stage, minimize risks and promote good health. The aim is not just to gain years of life, but healthy years of life – in line with an integrative, future-oriented health concept.

## Informative check-up: systematic prevention

Dr. David Weidenauer, specialist in internal medicine and cardiology in the Health Service Center at Wiener Privatklinik, emphasizes the central importance of regular preventive medical check-ups for long-term health maintenance. 'Sound preventive medicine requires a structured medical examination by specialized doctors,' says Dr. Weidenauer. 'This is the only way to create a personalized preventive care plan that is tailored to the actual health needs of the individual. This requires precise diagnostic procedures that deliver valid and reproducible results.'

Photo S. 16: Shutterstock / Prostock-studio, Photo S. 17: Tatiana Weber

When it comes to the optimal time to start preventive healthcare, Dr. Weidenauer advocates an early start: 'The first basic check-up should take place between the ages of 18 and 22, especially for people with no clinical symptoms. This should be followed by an annual blood count. A more comprehensive internal check-up should be scheduled every five years.'

For healthy men aged 35 and over and women aged 40 and over, he recommends an annual preventive care program to detect age-related diseases at an early stage. Prevention is also important in the context of family planning: 'An internal examination is essential before planning a pregnancy – at the latest in early pregnancy. Furthermore, internal examinations should be carried out in accordance with the recommendations of the Austrian Mother and Child Health Record.'



**'Many diseases can now be detected at a very early stage or even forestalled through prevention.'**

Dr. Weidenauer

## Preventive medical check-ups in the elective doctor system

Thomas Bogendorfer  
Administrative Director



'Starting in April, we will assist patients at Wiener Privatklinik's day clinic in applying to the Austrian Health Insurance Fund (ÖGK) for reimbursement of elective doctor's fees if they undergo examinations such as gastroscopy, colonoscopy, ergometry, etc. at the day clinic by such doctors. We have an agreement with all Austrian supplementary insurance providers for direct billing and, upon request, will submit the claims on behalf of patients,' says Thomas Bogendorfer.

- A preventive medical check-up is a health check that provides important information about a person's general state of health and helps to detect diseases at an early stage.
- Wiener Privatklinik offers check-up packages tailored to your specific lifestyle. For privately insured patients, the costs of these preventive measures are covered by supplementary insurance, depending on the insurance tariff or agreed insurance benefits – e.g. for colonoscopy.
- Even those who are only insured through the Austrian Health Insurance Fund (ÖGK) and do not have private health insurance can take advantage of private services at the WPK Day Clinic. The costs incurred by the patient are partially reimbursed by the ÖGK.



### Health begins in the gut

Anyone interested in longevity cannot ignore the topic of digestion. Whether it's the oral cavity, esophagus, stomach or intestines – all of these organs are essential when it comes to health and longevity. The body's energy powerhouse can quickly become an accelerant for inflammatory processes, not only making you look older faster, but also leading to serious illnesses.



**‘Colonoscopy is the gold standard in health screening. It’s a revolution that has made early detection even more comprehensive and accurate today.’**

Dr. Koptý

### Inflammation causes us to age

‘The fact that ageing is triggered by chronic inflammatory processes in the body has been scientifically proven in many studies and is therefore considered to be well established,’ explains Prim. Dr. Camel Koptý, a doctor specializing in internal medicine, gastroenterology and hepatology. This inflammation is not always recognized immediately, the specialist points out, warning against ‘simply dismissing everyday complaints such as gastritis as temporary discomfort’. Rather, such inflammation can develop gradually, fuel further inflammation and thus accelerate the ageing process. He cites the pancreas as another classic example of the serious consequences of chronic inflammation, which, if undiagnosed or untreated, can even lead to diabetes and subsequently to damage to the eyes, nerves and blood vessels.

### Prevention promotes a long life

‘Because inflammation increases with age, especially in the intestines, and also remains active for longer, prevention is so important and is now recommended from the age of 40,’ stresses Dr. Koptý. ‘All inflammation that can be treated should be diagnosed and treated at an early stage. It costs the body valuable energy and causes organs to age more quickly.’ Endoscopy helps to detect inflammation at an early stage and provides detailed views of abnormalities, wear and tear, erosion, ulcers or *Helicobacter pylori* infection. With an accompanying ultrasound of the upper abdomen or magnetic resonance imaging, organs such as the liver, gallbladder and pancreas can also be checked.

Photo S. 18: Suzy Stöckl, Photo S. 19: Shutterstock / New Africa



**Health check-ups have a measurable impact on life expectancy. When Austria introduced nationwide preventive health check-ups in 1974, the average life expectancy for women was around 75 years and for men 67 years. Today, women live seven years longer on average, and men eight years longer.**

## How does a gastrointestinal examination work?

Gastroenteroscopy, gastroscopy and colonoscopy are the most informative methods for diagnosing gastrointestinal diseases. Thin, flexible endoscopes with a video chip at the tip enable the doctor to assess the condition of the mucous membrane, take tissue samples painlessly and, if necessary, perform procedures such as polyp removal and hemostasis during the examination.

**Gastroscopy** takes about 10 to 15 minutes and allows painless examination of the esophagus, stomach and duodenum.

**Colonoscopy** takes about 20 to 30 minutes, is largely painless and allows examination of the entire large intestine and the junction of the small intestine.





# WELL LOOKED AFTER IN EVERY WAY

Wiener Privatklinik is committed to a philosophy of quality and, as such, constantly strives for optimization and improvement. The entire organization meets high standards: the WPK's nursing department was certified for the first time in 2003, making it the first clinic in Vienna to achieve this.



## Greetings from the kitchen

### 1. Nutrition is part of our therapy

Balanced meals tailored to individual needs form the basis of our catering – especially for patients with special health requirements.

### 2. Individual & tailor-made

Personal nutrition and dietary advice are important to us – medical, cultural and religious requirements are also taken into account.

### 3. Healthy & balanced

We focus on natural foods – low in sugar and saturated fats, with plenty of fruit, vegetables and fiber-rich ingredients.

‘Around 300 people are provided with fresh, high-quality meals every day.’



## VIP services

Wiener Privatklinik offers first-class medical care, expert nursing and modern hospital management. VIP services make your stay at the WPK even more comfortable:

**Personal assistance & translation:** Our team is on hand to assist patients throughout their stay at the clinic, including professional interpreting services for international guests.

**Airport transfer:** Organization of private transport to Wiener Privatklinik.

**Hotel bookings:** e.g. arranging accommodation near the clinic.

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## 3 questions for Director of Nursing Gabriele Giehser MSc, MBA



### Why is certified care important?

Certified care ensures quality and helps to avoid mistakes. Greater transparency and comprehensive documentation provide a high level of legal certainty, while employees who receive ongoing training increase patient safety. Standards provide guidance, which builds trust among patients and their relatives.

### What makes the WPK nursing team special?

We communicate very openly with each other and, thanks to flat hierarchies, ensure that the team always works together as

equals in an interdisciplinary manner. With our multicultural nursing team, we are particularly well positioned to care for international patients. Together we cover over 30 languages – so language barriers are no problem.

### How do the people you care for benefit from this?

They can rely on modern technologies, as well as comprehensive, structured, professional care from an interdisciplinary team of experts. And not just at the WPK itself, but also in follow-up care.

‘Our care philosophy is a byword for treating patients with respect and dignity.’

Giehser



When patients are discharged after an inpatient stay at Wiener Privatklinik, discharge manager and health and nursing professional Eva Sporinska looks after their follow-up care. Together with doctors, especially in cases of complex care needs, she plans the individual steps necessary for a smooth transition to home or

inpatient care. Rehabilitation, wound care, funding applications or palliative care – she advises and supports patients in the organization and implementation of these steps and strives to alleviate their fears about what lies ahead.

+43 1 40 180 – 8713  
entlassung@wpk.at





At the Schloss Liechtenstein retirement home, history meets high standards of living.

## THE BEST PLACE IN TOWN

The Schloss Liechtenstein retirement home is a special place, not only from a historical perspective, but also because it offers people a unique atmosphere in which to spend their twilight years – stylish, lovingly cared for and in the best hands. As it marks its 20th anniversary, managing director Thomas Ebm and home manager Thomas Bogendorfer offer an insight into Wiener Privatklinik's cherished project.

In 2005, Wiener Privatklinik converted the former summer residence of the Prince of Liechtenstein into a modern care facility. Extensive renovation work was carried out at the time to 'breathe new life into the sleepy castle', as Thomas Ebm recounts. This spirit can still be felt today in the retirement home, among the people who live here, as well as among the carers who look after the senior citizens with great personal commitment.

### Uniquely different

Around one hundred people live in the Schloss Liechtenstein retirement home – in a living environment that meets their individual needs. Most of them enjoy the comfort of 'assisted living'. This is a type of living that the residence has specialized in over the last few years: 'This is because we offer the ideal environment for people who are mobile and want to manage their daily lives as independently as possible, but at the same

### SCHLOSS LIECHTENSTEIN RETIREMENT HOME

time want to be able to rely on the support of a professional care team,' explains Bogendorfer. Flexibility is a top priority, especially when it comes to services. Each resident decides for themselves what they want to use. The range extends from full board and room cleaning to massages and much more. 'If a person's care needs increase, the switch can be quickly flipped to full care,' adds Ebm, who also points to the close connection to Wiener Privatklinik and the special medical facilities available from over 400 affiliated doctors when it comes to the quality of care.

### Refreshing togetherness

Safety is important, but so is the feel-good factor. And, in this respect, the retirement home has plenty to offer, with its magnificent castle building in a green location, first-class facilities and top-notch care. The same goes for the entertainment program, which leaves no room for loneliness in old age.

'The seniors always have something to talk about here,' says Thomas Ebm. 'Excursions, visits to the shopping center and Sunday mass in the castle chapel – all of this is very well received.' Milestone birthdays are also celebrated – we just had another centenarian.



In general, the employees are very creative in the program.

Our employees are undoubtedly the heart and soul of the senior citizens' residence and have helped it to make a name for itself as the "best home in town". That is why care is taken to make their work as easy as possible: new digital sys-

tems have just been implemented to reduce routine tasks and allow more time for personal care. 'Our senior citizens' residence has developed magnificently. It really warms your heart to see how harmonious it is here,' agree Thomas Ebm and Thomas Bogendorfer, adding with a wink that they would 'definitely like to live here themselves one day.'

A project close to the hearts of Thomas Ebm and Thomas Bogendorfer.



It's simply easier to feel comfortable in company



# NETWORK OF DOCTORS

## AEROMEDICAL CENTER

Dr. Walter Ebm  
MR Dr. Vinod Sharma

## GENERAL MEDICINE

■ Dr. Sylvie Valicek

## ANAESTHESIOLOGY & INTENSIVE CARE MEDICINE

■ Univ.-Prof. Dr. Wilfried Ilias  
*Pain Therapy*  
■ Assoc.-Prof. Dr. Ahmad Kashanipour  
■ Dr. Andrea Kdolsky MBA  
■ Ao. Univ.-Prof. Dr. Claus-Georg Krenn  
■ Univ.-Prof. Dr. Christian Weinstabl  
■ Assoc.-Prof. Dr. Marianne Winkler

## OPHTHALMOLOGY & OPTOMETRY

■ Univ.-Prof. Dr. Rupert Menapace  
*Cataract surgery, laser surgery, special lens implantation*  
■ Univ.-Prof. Dr. Stefan Pieh  
■ Univ.-Prof. Dr. Stefan Sacu  
*Eye surgery, cataract surgery, retinal and macular diseases*

## SURGERY

■ Assoc.-Prof. PD Dr. Reza Asari  
■ Prim. Priv. Doz. Dr. Christoph Ausch  
■ Dr. Alexander Di Monte  
*Visceral surgery*  
■ Dr. Christian Enserer  
*Oncological laparoscopy, single port, colorectal surgery*  
■ Univ.-Prof. Dr. Florian Fitzal, MBA F.E.B.S.  
■ Dr. Med. Andreas Franczak  
*Vascular Surgery, Visceral Surgery*  
■ OA Dr. Alexis Freitas, F.E.B.S.  
*General surgery, endoscopy, coloproctology*  
■ Univ.-Prof. Dr. Josef Martin Funovics  
*Abdominal Surgery*  
■ Assoc. Prof. Priv.-Doz. Dr. Mir Alireza Hoda, PhD  
*Thoracic Surgery*  
■ Univ.-Prof. Dr. Thomas Hölzenbein  
*Vascular Surgery*  
■ Prof. Dr. med. Klaus Kaczirek  
*Oncological Surgery*  
■ OA Dr. Teodor Kapitanov, FEBS-AWS  
*General Surgery, Robotic Surgery*  
■ Univ.-Prof. Dr. Walter Klepetko  
*Thoraxchirurgie*  
■ Univ.-Prof. Dr. Josif Nanobachvili  
*Vascular Surgery*  
■ Univ.-Prof. Dr. Christoph Neumayer  
*Visceral and Vascular Surgery*  
■ Univ.-Prof. Dr. Bruno Niederle  
*Endokrine Chirurgie*  
■ Priv.-Doz. Dr. Patrick Nierlich  
*General Surgery, Visceral Surgery, Thoracic Surgery & Vascular Surgery*  
■ Univ.-Prof. Dr. Weniamin Orljanski  
■ Prim. Univ.-Doz. Dr. Manfred Prager  
■ Dr. med. Philipp Riss  
■ Assoc. Prof. Dr. Stefan Riss  
■ Prim. Univ.-Prof. Dr.h.c. Dr. Alexander Rokitansky  
*Primarius for Surgery at the WPK*  
■ Univ.-Prof. Dr. Harald Rosen  
*Abdominal Surgery, Obesity Surgery, Colorectal Surgery*  
■ a.o. Univ.-Prof. Dr. Christian Scheuba  
■ Univ.-Prof. Dr. Sebastian Schoppmann, FACS  
*Oncological Surgery*

■ Assoc. Prof. Priv.-Doz. Dr. Emanuel Sporn  
*Visceral, Vascular, Breast and Minimally Invasive Surgery*  
■ Univ.-Prof. Priv. Doz. Dr. Oliver Strobel, MBA  
*Specialist in Surgery & Visceral Surgery*  
■ Univ.-Prof. Dr. Béla Teleky  
*Abdominal and Oncological Surgery, Vascular Surgery*

## GYNAECOLOGY & OBSTETRICS

■ Prof. Dr. Ella Asseryanis  
■ Univ.-Assoc. Prof. Dr. Leo Auerbach  
*Complementary Cancer Therapies*  
■ Assoc.-Prof. Dr. Daniela Dörfler  
*Sex Therapy, Clinical Sexology*  
■ Univ.-Prof. Dr. Christian Egarter  
*Hormone Specialist*  
■ Prim. Dr. Dieter Kölle  
■ Univ.-Prof. Dr. Brigitte Schurz  
■ Univ.-Prof. Dr. Wolfgang Helmut Umek

## EAR, NOSE & THROAT MEDICINE

■ Univ.-Prof. DDr. Wolfgang Bigenzahn  
*Voice & speech disorders*  
■ O. Univ.-Prof. Dr. Wolfgang Gstöttner  
*Head & neck surgery*  
■ Assoc. Prof. Priv.-Doz. Dr. Gregor Heiduschka  
*Specialist in ear, nose and throat diseases*  
■ Univ.-Prof. Dr. Birgit Knerer-Schally  
*Functional & aesthetic nose surgery*  
■ Prim. Univ. Prof. Dr. Christoph Reisser  
*Specialist in ear, nose and throat medicine*  
■ Priv.-Doz. Dr. Sven Schneider  
*Ear, nose and throat medicine, head and neck surgery*  
■ Univ.-Prof. Dr. Berit Schneider-Stickler  
*Phoniatrics, voice and speech therapy*  
■ Priv. Doz. Dr. Erich Vyskocil  
*Specialist in ENT, Head & Neck Surgery*

## SKIN & GENITAL DISEASES

■ Dr. Klaus Guggenberger  
*Specialist in Skin & Genital Diseases*  
■ Mag. Dr. med. Lena Hampel  
*Specialist in Skin & Genital Diseases, Dermato-surgeon, Mohs Surgeon*  
■ O. Univ.-Prof. Dr. Georg Stingl  
*Venerology, Allergology, Immunology*  
■ Dr. Beatrix Szimák-Hupfer  
■ Priv.-Doz. Dr. Christiane Thallinger

## INTERNAL MEDICINE

■ Univ.-Prof. Dr. Ramazanali Ahmadi  
*Angiology, circulatory disorders, stroke prevention, venous diseases*  
■ Univ.-Prof. Dr. Martin Clodi  
*Diabetes, endocrinology, thyroid and metabolic diseases*  
■ Assoc. Prof. Pd. Dr. Klaus Distelmaier  
■ Dr. Walter Ebm  
*Head of Aeromedical Centre*  
■ Univ.-Prof. Dr. Sabine Eichinger-Hasenauer  
*Internal Oncology, Hematology*  
■ Assoc.-Prof. Dr. Harald Gabriel  
*Cardiology, Sports Medicine*  
■ Dr. Armaghan Fatemeh Gomari-Grisar  
*Angiology*  
■ Doz. Dr. Johannes Grisar  
*Rheumatology*  
■ Prim. Dr. Michael Häfner, FESGE  
*Gastroenterology, Hepatology*  
■ Prof. PD Dr. Matthias Hoke  
■ Univ.-Prof. Dr. Ulrich Jäger  
*Oncology, Hematology*

■ Univ.-Prof. Dr. Paul Knöbl  
*Internal Oncology, Hematology*  
■ Univ.-Prof. Dr. Christoph W. Kopp  
*Angiology, Cardiology*  
■ Prim. Dr. Camel Kopty  
*Gastroenterology, Hepatology*  
■ Univ.-Prof. Dr. Wolfgang J. Köstler  
*Hematology, Internal Oncology*  
■ Univ.-Prof. Dr. Michael Krainer  
*Internal Oncology, Genetic Analysis*  
■ Assoc.-Prof. Dr. Irene Kühner  
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*Internal Oncology, Hematology, Angiology*  
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*Angiology, Diabetes*  
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*Oncology, Medical Director*

## CHILDREN'S & ADOLESCENT SURGERY

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*Orthopedics, Orthopedic Surgery, Pediatric Orthopedics, Hand Surgery, Pediatric Hand Surgery*  
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*Orthopedics, Orthopedic Surgery, Pediatric Orthopedics*  
■ Priv.-Doz. Dr. Christof Radler  
*Orthopedics, Orthopedic Surgery*  
■ Univ.-Prof. Dr. Winfried Rebhandl  
■ Prim. Univ.-Prof. Dr.h.c. Dr. Alexander Rokitansky  
*Specialist in pediatric surgery & adolescent surgery*

## ORAL, MAXILLARY, DENTAL & FACIAL SURGERY

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■ DDr. Christoph Glaser  
■ Assoc. Prof. Priv.-Doz. Dr. Ulrike Kuchler  
*Department of Oral Surgery*  
■ Univ.-Prof. DDr. Werner Millesi  
■ Univ.-Prof. Dr. Dr. Dr. h.c.  
■ Emeka Nkenke MD, DMD, MA  
*Plastic Surgery, Specializing in Implantology, Oral Surgery*  
■ Univ.-Prof. DDr. Gerhard Undt  
*Facial Pain & Salivary Gland Disorders*

## NETWORK OF DOCTORS

## NEUROSURGERY

■ Univ.-Prof. Dr. Thomas Czech  
■ Emeritus Prim. Univ.-Doz. Dr. Manfred Mühlbauer  
*Intensive Care Medicine*  
■ Univ.-Prof. Dr. Walter Saringer

## NEUROLOGY

■ Univ.-Prof. Dr. Roland Beisteiner  
■ Prim. Univ.-Prof. Wilfried Lang  
*Specialist in Neurology & Psychiatry*  
■ Univ.-Prof. Dr. Fritz Leutmezer

## ORTHOPEDICS & ORTHOPEDIC SURGERY

■ OA Dr. Farshid Abdolvahab  
*Orthopedic Oncology*  
■ Dr. med. Msc. PhD Václav Cink  
*Spine Specialist, Neurosurgery, Orthopedics & Trauma Surgery*  
■ Prof.DDr. Martin Faschingbauer, MBA  
*Orthopedics, Trauma Surgery, Endoprosthesis, Hip, Knee*  
■ Assoc.-Prof. Priv.-Doz. Dr. Philipp Funovics, MSc  
*Orthopedics, Orthopedic Surgery, Tumor Surgery*  
■ Univ.-Prof. Dr. Alexander Giurea  
*Rheumatology, Endoprosthesis*  
■ Dr. Johannes Gründler  
*Orthopedics, Orthopedic Surgery, Arthroscopic Surgery*  
■ Univ.-Prof. Dr. Radek Hart, Ph.D., FRCS, MHA  
*Orthopedics & Traumatology, Elbow Specialist*  
■ Prim. Priv.-Doz. Dr. Johannes Holinka  
*Foot & Hand Surgery, Endoprosthesis*  
■ O. Univ.-Prof. Dr. Rainer Kotz  
*Bone Tumor Surgery, Spinal Surgery*  
■ Univ.-Prof. Dr. Petra Krepler  
*Sports Orthopedics, Spinal Surgery*  
■ OA, Dr. Gerald Kuchling  
*Traumatology, Trauma Surgery & Sports Traumatology*  
■ OA Dr. Michael Matzner  
*Spine Specialist, Osteoporosis, Osteoarthritis*  
■ a.o. Univ.-Prof.Dr. Mehdi Mousavi  
*Traumatology*  
■ OA Dr. Klaus Christoph Thenner  
■ OA Dr. Markus Winnisch MSc  
*Orthopedics & Traumatology*

## PHYSICAL MEDICINE & GENERAL REHABILITATION

■ OA Dr. Michaela Albrecht MMSc  
*Osteopathy, Sports Medicine*  
■ Prim. Dr. Andreas Kainz D.O.  
*Chiropractic, Osteopathy*  
■ Dr. Anna Warlamides  
*Osteopathy*

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■ Priv.-Doz. Dr. Stefan Hacker, FEBOPRAS  
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# BECOME A REGISTERED DOCTOR NOW

Behind the success of Wiener Privatklinik is a dream team of medical and nursing staff. But it is not only the top-class personnel that make this a dream workplace for doctors, it is also the working environment, which provides the best possible support in their work for the affiliated doctors.



**Interested in becoming an affiliated doctor?**  
You can find all the information you need here.

As a WPK affiliated doctor, you benefit from a wide range of services that make your everyday practice noticeably easier.

#### **Feel-good atmosphere:**

Wiener Privatklinik and its WPK Med Cuisine offers a stylish working environment.

#### **Organisation made easy:**

Whether you need to make enquiries or appointments, arrange visas, interpreters or transport services – we can help you with the administration.

**Contact & hub:** You can contact us in confidence regarding regular communication between doctors,

patients and relatives.

#### **Investment in quality:**

Our in-house equipment is always state-of-the-art. It includes, for example, a diagnostic center, four well-equipped operating theaters, a recovery room and much more.

#### **WPK network events:**

We regularly invite you to interdisciplinary exchanges at specialist events, industry meetings and the WPK Academy.

**We promote you:** At the WPK, we take care of referring patients from abroad and involve our affiliated doctors in all marketing activities.



Wiener Privatklinik has been named one of the 'world's best hospitals' by Newsweek five times in a row. Based on expert recommendations, medical KPIs for patient safety, staffing levels and treatment quality, as well as patient satisfaction, this prestigious award is the best possible advertisement for the WPK and its professional team.

What is particularly pleasing is that everyone at Wiener Privatklinik benefits from the high quality of service: patients, because they receive the best possible treatment and care, and the affiliated doctors, because they are given optimal technical and organizational support in their work.



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## WIENER PRIVATKLINIK GROUP



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