



## MICROBIOME: KEY TO MODERN MEDICINE

### GASTRO- ENTEROLOGY

New perspectives through  
advancements

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Key to  
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From first contact  
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## EDITORIAL & CONTENTS



### A house of doctors for doctors

Wiener Privatlinik is founded on a clear medical principle: cutting-edge medicine requires freedom, quality and independence.

We create the conditions under which attending physicians can work independently, autonomously and at the highest professional level – in a specially designed environment that enables medical excellence, with state-of-the-art infrastructure, highly professional processes and a set-up consistently geared toward precision, reliability and quality. Medical decisions must be made where medical expertise lies, namely with the physicians. In its actions, WPK is independent and committed exclusively to what is required for patients, according to the current state of medicine. This independence creates the necessary space for treatment that is not the cheapest, but is the best: state of the art, scientifically grounded and medically at the cutting edge. This is where the identity of our institution lies. Wiener Privatlinik is not a place of standardized care, but a house in which medical quality can showcase its full effect. It combines institutional excellence with medical freedom, thereby creating the conditions for the best possible treatment.

This is precisely the profile that shapes Wiener Privatlinik. And this is precisely what I stand for.

Warmest regards,  
Thomas Ebm  
CEO of Wiener Privatlinik

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## Around 5,000 people in Austria are newly diagnosed with colorectal cancer each year <sup>1</sup>.

**Prim. Dr. Camel Kopty**  
Internal Medicine, Endoscopy & Gastroenterology



**Early detection, decisive for the chances of cure:** “In colorectal cancer, early detection is the most important factor for successful treatment. Colonoscopy is considered the gold standard, as it not only makes early changes visible, but also treats them directly: precancerous stages such as polyps can be removed during the examination. The earlier such changes are detected, the higher the chances of cure – ideally up to 100 percent, or the disease can be prevented entirely. Preventive screening is recommended from around the age of 40 to 45, and earlier for high-risk patients. Above all, one thing is decisive: regular check-ups and the early detection of precancerous stages before a serious disease develops from them.”



**TIP:**  
Regular preventive examinations from the age of 40  
Colonoscopy is the most effective method for the early detection of colorectal cancer, as precancerous stages can be removed directly during the procedure.

**Dr. Michael Häfner FESGE**  
Internal Medicine & Gastroenterology

**Artificial intelligence is a game changer:** “AI optimizes the detection of lesions and increases both the quality and the standardization of gastroenterological diagnostics. In endoscopy, AI systems analyze images in real time, mark polyps and thus increase the adenoma detection rate – a central factor in the early detection of precancerous lesions. AI therefore contributes to the broader availability of expertise and ensures therapeutic progress. Modern endoscopy with high-resolution imaging and optical filters enables the detection of early carcinomas, which – supported by high-end technology such as 4K and HDR – can often be removed with minimal invasiveness. In the treatment of chronic inflammatory bowel diseases, biologics as well as new substances such as Janus kinase inhibitors and IL-23 antibodies have brought significant improvements, reduced the frequency of complications and increased quality of life.”

## Every year, around 2,600 people in Austria die from colorectal cancer. This makes the disease one of the most common cancer-related causes of death <sup>3</sup>.



**Prim. Univ. Prof. Dr. Martin Klimpfinger, Pathology**  
**Using molecular data correctly:** “Only pathology makes visible what is actually happening in the tissue. The challenge lies in correctly interpreting molecular alterations – this is also where the tumor board plays a central role. In the interdisciplinary tumor board, complex molecular findings are jointly assessed and translated into concrete therapy strategies. This is how data become clinical reality – and precision becomes an individually tailored treatment.”



**Univ.-Prof. Dr. Sebastian Schoppmann FACS & Priv. Doz. Dr. Gerd Jomrich**  
Oncological Surgery Medical University of Vienna

**Understanding tumors better:** “The surgical treatment of gastric and esophageal carcinomas has fundamentally changed; today, a multimodal concept is at the forefront. The combination of surgery, perioperative chemotherapy as well as radiation and antibody therapy significantly improves the prognosis, while minimally invasive and robotic procedures reduce strain and accelerate recovery. At the same time, individualized care is becoming increasingly important. Understandable information, transparency and a trusting conversation are crucial in order to reduce fears and provide security – supported by interdisciplinary cooperation and structured follow-up care. The development is therefore clearly moving toward personalized medicine: biomarkers, molecular diagnostics and immunotherapies enable more targeted treatment, complemented by technological advances such as robotic surgery and modern imaging.”



**TIP:**  
Take warning signs seriously  
Persistent symptoms such as blood in the stool, unexplained weight loss, chronic abdominal pain or changes in bowel habits should be clarified at an early stage.

**TIP:**  
Lifestyle as prevention  
A fiber-rich diet, regular exercise and not smoking reduce the risk of many gastroenterological diseases. Seek advice from the doctors you trust.

## 60,000–80,000 people in this country are affected by chronic inflammatory bowel diseases (IBD)<sup>2</sup>.

**OA Priv.-Doz. Dr. Hossein Taghizadeh PhD MSc**  
Internal Medicine

**Individualized treatment for colon carcinoma:** “Colon carcinoma, a cancer of the large intestine, is treated differently depending on the stage. In early phases, surgery is the focus, often supplemented by chemotherapy. In advanced stages, targeted medications are also used and – in the case of certain tumor characteristics – immunotherapies. Treatment has changed significantly in recent years: instead of standardized regimens, the focus today is on an individually tailored therapy concept. Precision medicine plays a central role in this. By analyzing the molecular characteristics of the tumor, therapy can be selected in a targeted way and better adapted to patients. This makes treatment more effective and often also better tolerated.”



<sup>1</sup> Statistics Austria / Austrian Cancer Registry (2025)  
<sup>2</sup> ÖGGH / epidemiological estimates (2024)  
<sup>3</sup> Vienna Healthcare Group / based on Statistics Austria (2024)

# MEDICINE BEGINS ON THE PLATE

Nutrition is more than mere food intake – it is a central component of modern medicine. What we eat influences health, disease progression and therapeutic success. This is why the close collaboration between medicine, dietetics and cuisine is becoming increasingly important: the cuisine of Wiener Privatklinik is not merely a form of sustenance, but part of the therapy.



Dr. Harald Wocelka,  
General practitioner

Targeted nutrition can significantly influence the course of diseases – from metabolic and cardiovascular diseases to oncological therapies. Modern concepts focus on a functioning metabolism rather than simply counting calories. Easily digestible diets and meal breaks reduce inflammation, relieve the intestine and lower insulin production – with positive effects on weight, blood pressure and blood sugar. The decisive factor is that sustainable success can be achieved without deprivation and without a constant feeling of hunger.



Hanna Toriser,  
BSc, Dietitian  
at the WPK

## Individual instead of standard

“In clinical practice, there is no single correct diet – what matters is precise adaptation to life and disease situations,” emphasize dietitian and nutrition scientist **Cezara Mitea, BBS**, and dietitian **Hannah Toriser, BSc**, from Wiener Privatklinik. This is why

every consultation at WPK begins with a precise analysis of eating behavior, lifestyle and medical factors – as the basis for tailor-made, everyday nutrition plans that take personal preferences into account. In close coordination with the treating physicians, nutrition thus becomes a fixed component of therapy.

## Nutrition as an effective therapy

In oncology especially, the importance of individually tailored nutrition becomes apparent: “In serious diseases such as cancer, it plays a central role. Therapy-supporting concepts must above all be flexible,” emphasizes **Univ.-Prof. Dr. Wolfgang J. Köstler**. “Nutrition can improve both the tolerability

and the effectiveness of therapies. What is often decisive is the combination of a protein-rich diet and exercise in order to counteract muscle loss.” Which form of nutrition is useful depends on the respective situation – sometimes weight reduction is needed, sometimes stabilization. There is therefore no universally valid “cancer diet”; in any situation, the goal is always the best possible support for the therapy.

## Quality instead of deprivation

Nutrition also plays a central role in cardiovascular diseases, obesity and metabolic disorders. “Less processed foods, balanced nutrients and clear eating structures have a more sustainable effect than short-term



Erhard Scheucher,  
Head Chef at the  
WPK Kitchen



## 5 principles of the WPK kitchen:

1. **Individual before standard**  
adapted to diagnosis, therapy and everyday reality
1. **Quality before calories**  
nutrient density counts
1. **Together instead of separate**  
medicine, dietetics and kitchen as a team
1. **Check instead of estimate**  
regular BIA analyses ensure regular monitoring of values
1. **Practice instead of perfection**  
suitable for everyday life and feasible in the long term

diet trends,” explains **general practitioner Dr. Harald Wocelka**. Nutrition should be oriented toward individual needs. Above all, high-quality, natural foods and concepts suitable for everyday life are decisive.



## Nutrition as a therapeutic key – an interview with Prof. Köstler

Ao. Univ.-Prof. Dr. med. univ. Wolfgang J. Köstler PhD  
Specialist in Hematology and Oncology

### What significance does nutrition have from a medical perspective for therapeutic success?

*Dr. Köstler:* Medicine truly begins on the plate. When nutrition is considered in a targeted, individual and interdisciplinary way, it becomes an effective component of every therapy – and a sustainable key to health.

### For which patients is targeted nutritional adjustment useful?

*Dr. Köstler:* In principle, it is useful for everyone – regardless of body weight or any pre-existing conditions. Supportive nutrition can reduce inflammation, relieve the metabolism and promote overall health. In general, I advise against highly processed foods such as ready meals, soft drinks, snacks and fast food, as they have been shown to impair intestinal health. However, there is no uniform cancer diet – recommendations and restrictions are always individual.

### What role does nutrition play in the context of oncological treatment?

*Dr. Köstler:* It makes an important contribution to the success of oncological treatment

by improving tolerability and increasing effectiveness. Disease and therapy often have a catabolic, meaning breakdown-related, effect and primarily affect the muscles. A combination of training and protein-rich nutrition can counteract this. In addition, a fiber-rich diet improves the gut microbiome, which in many cases improves the response to certain immunotherapies.

### What role does BIA analysis play in the context of therapy?

*Dr. Köstler:* Bioelectrical impedance analysis measures body composition, such as muscle mass and fluid balance. It therefore makes progress in fat loss visible and helps to identify risks in the care of patients, such as muscle loss or protein deficiency, at an early stage.

### How important is interdisciplinary collaboration in medical nutrition?

*Dr. Köstler:* It plays a central role. Only the close interaction between medicine, dietetics and cuisine enables nutrition that specifically supports therapeutic success.

Photo S.10: Ao. Univ.-Prof. Dr. med. univ. Wolfgang J. Köstler PhD

Radiology Center

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Thanks to our long-standing collaboration with specialists at the Wiener Privatklinik (oncology, surgery), we can develop personalized treatment plans during our weekly tumor board meetings. This reduces the time from suspected diagnosis to the start of treatment to a minimum – and that is crucial!

[www.radiology-center.com](http://www.radiology-center.com)

# LUNG CANCER: DETECT EARLIER – HEAL MORE PRECISELY

Lung cancer is one of the most common cancers worldwide. Cures are possible – the decisive factor is the time of diagnosis. If malignant changes are detected as early as possible, they can be treated in a targeted way. This requires prevention and innovative imaging procedures that make even the smallest changes visible. The prominence is also high in Austria: around 5,500 new cases and approximately 4,200 deaths each year make lung cancer responsible for about one fifth of all cancer-related deaths.\*



The causes are diverse, but alongside genetic factors and environmental pollution, active and passive smoking in particular is considered a central risk factor. "In daily practice, we see that around 90% of patients who have surgery have a history of smoking," reports the

thoracic surgeon, **Univ.-Prof. Dr. Walter Klepetko**. He further notes that "due to a lack of awareness, the disease is frequently diagnosed only at an advanced stage, which often limits therapeutic options and leads to a less favorable prognosis."

**Targeted screening for risk groups**  
Against this background, education and structured early detection are becoming increasingly important – especially for people with an increased risk, such as long-term smokers or persons exposed to

Statistics Austria, Cancer Registry, data as of 2024 (published January 2026)



Univ.-Prof. Dr. Walter Klepetko, Thoracic Surgery  
Assoc. Prof. Priv.-Doz. Dr. Mir Alireza Hoda PhD, Specialist in Surgery, WPK  
Priv.-Doz. Dr. Philipp Peloschek, Radiology Center

harmful substances. "For these groups especially, it is crucial to consistently make use of early detection options," emphasizes **Assoc. Prof. Priv.-Doz. Dr. Mir Alireza Hoda**. "The goal is to detect tumors in the early T1 stage – when they are still small, locally limited and highly treatable." Early detection is therefore an important complement to self-responsible prevention – especially when risk factors cannot be completely avoided.

## Low-dose CT: diagnostic gold standard

Low-dose computed tomography (LDCT) is considered the most effective method for early detection. It shows even the smallest pulmonary changes while at the same time reducing radiation exposure. In addition, standardized assessment systems such as Lung-RADS ensure structured

**“Through modern radiology, innovative technologies and interdisciplinary collaboration, we enable early diagnosis and optimal treatment.”**

classification of findings and clear recommendations for action. For **Priv.-Doz. Dr. Philipp Peloschek** from the Radiology Center, the most modern CT technologies are critical in this regard: "Thanks to state-of-the-art CT systems, we can now reliably detect abnormalities measuring only a few millimeters and assess them in a differentiated way – a significant advance for early detection."

## Artificial intelligence and interdisciplinary collaboration

At Wiener Privatklinik, AI-supported systems have been in use for around ten

years, supporting the detection and assessment of lung changes and increasing diagnostic certainty. "AI complements reporting – but a differentiated classification is always also needed, which is why the final decision remains medical," emphasizes the interdisciplinary team. At WPK, the aim is always to find rapid and precise therapies: in weekly tumor boards, radiologists, thoracic surgeons and oncologists jointly develop treatment plans – thus decisively shortening the time until the start of therapy. "And that is what ultimately matters," the experts know.



I AM ALIVE. THAT IS THE MOST IMPORTANT THING.

Health is the foundation for everything – often, this only becomes clear when it is under threat. Franz Harnacker is someone who had this experience: what initially seemed like a harmless digestive disorder turned out to be a malignant esophageal carcinoma. Thanks to the swift action of the team at Wiener Privatklinik, the disease was successfully treated – a path that permanently changed his view of life.



“It began with an unpleasant to painful feeling when eating – as if everything was getting stuck behind the breastbone,” recalls Franz Harnacker. The then 42-year-old had been suffering from a severe histamine intolerance for some time and initially paid little attention to the symptoms. Only persistent complaints led to comprehensive clarification by means of gastroscopy, CT and MRI – with the devastating diagnosis of esophageal cancer.

**Diagnosis – and what now?**

The moment of diagnosis left a deep impression on Franz Harnacker: “After

waking up from anesthesia, I was given the results – I was dazed and overwhelmed,” he recalls. “My thoughts revolved around my wife, my family and the question of how I should tell them.” Additional uncertainty was caused by his own internet research – an initial reaction he advises against today. Nevertheless, there was hope: no metastases were detected. In addition, from the very beginning he was supported by an experienced, interdisciplinary team at Wiener Privatklinik, which immediately created an individual treatment plan based on the diagnosis.

**Highly complex therapy as a team**

What matters in the treatment of such a disease is explained by gastric and esophageal surgeon **Univ.-Prof. Dr. Schoppmann**: “The therapy of an esophageal carcinoma is one of the most complex challenges in modern medicine – decisive factors are interdis-

SUCCESS STORY



**Short interview with Prim. Dr. Camel Koptý**

Gastroenterologist at Wiener Privatklinik

How was Mr. Harnacker’s disease discovered?  
*Dr. Koptý:* He regularly attended preventive check-ups; due to increasing reflux symptoms, the examination was brought forward. An endoscopy showed suspicious changes, which were quickly confirmed by biopsy as an early esophageal carcinoma.

What was particularly important in the process?  
*Dr. Koptý:* Fast action and interdisciplinary cooperation. All the examinations were carried out within 24 hours; after 48 hours, the coordinated treatment plan was available.

Which factors were decisive?  
*Dr. Koptý:* Regular preventive care, rapid diagnostics and seamless care between the medical disciplines.

What role does early detection generally play?  
*Dr. Koptý:* An increasingly important one – especially in cases of widespread reflux. I recommend regular combined preventive examinations from the age of 45–50. Early detection is decisive for treatment success and cure.

plinary, specialized expertise and modern technologies such as robotic surgery and laparoscopy.” In Franz Harnacker’s case, too, close cooperation led to success, confirms **Univ.-Prof. Dr. Christoph Zielinski**: “We interlink surgery, internal oncology and radiation therapy in a way that is optimal for the patients. These advances in personalized medicine have significantly improved prognoses and courses.”

**Medicine and humanity**

In precision medicine, and in Franz Harnacker’s case, targeted antibody therapy is used, which strengthens the immune system and is individually adapted to the tumor. In combination with modern chemotherapy, this creates a personalized overall concept. In addition to medical quality, however, the human approach is also decisive: “At Wiener Privatklinik, my complaints were taken seriously and I was treated with a great deal of empathy,” says Harnacker, who remembers one warm gesture in particular: “After an examination, my wedding ring had disappeared – a staff member took care of it immediately.” The clear processes also gave him security: “I was operated on quickly – everything moved swiftly, but never hectically.”

**A new life full of confidence**

The operation was complex; the stomach

was significantly reduced in size and reshaped into a tube. A procedure that has noticeable effects and changes everyday life in the long term. Franz Harnacker faces this new reality with confidence: “I live differently today, but I am alive. I am not yet as fit as I used to be, but I am working on it.” What remains is gratitude and a clear message to others affected: “Cancer does not have to be a death sentence. It is a challenge that can be overcome together with doctors.”

Photos S. 14: SMILE & arts; Shutterstock / emerald\_media; Photo S. 15: Suzy Stöckl



# FRIENDS OF WPK: MORE THAN MEDICINE.

“As Friends of WPK, we combine commitment with responsibility.”

Prim. Dr. Andreas Kainz



Medical excellence requires more than clinical expertise: it is created through networking, continuous knowledge transfer and a shared understanding of quality and responsibility. How the “Friends of WPK” contribute to this is shown in the interview with Prim. Dr. Andreas Kainz D.O., Head of Physical Medicine and President of the Association of Friends of Wiener Privatlinik.

### What exactly do the Friends of Wiener Privatlinik do?

*Dr. Kainz:* As “Friends of WPK”, we support Wiener Privatlinik in its scientific, technical and economic development, assist patients with necessary treatment and are committed to the edu-

cation and further training of the physicians working at the clinic – with the aim of enabling progress and taking responsibility.

### Which projects currently shape the commitment?

*Dr. Kainz:* A central focus is the WPK Academy with regular symposia, for example on urological oncology, robotic surgery or early breast carcinoma. In addition, we publish the “Journal for Private Medicine”, which covers current developments, new therapy methods and the WPK physicians. We are also socially committed – above all to patients with cost-intensive therapies.

### Who is the association aimed at and what added value does membership offer?

*Dr. Kainz:* We address everyone who is interested in the further development of Wiener Privatlinik. Members benefit from a strong network, gain insight into current developments and

can exchange ideas with leading personalities. At the same time, they make an active contribution to further positioning the clinic as one of the leading medical institutions.

### What goals are you pursuing and why is this commitment important?

*Dr. Kainz:* Our members provide momentum with their own ideas and projects – from process optimization to humanitarian initiatives – and thus sustainably strengthen quality and innovative power. In the future, we especially want to expand continuing education and social commitment. Membership offers the opportunity to actively help shape modern medicine and to be part of a committed network.

Interested?

Join Friends of WPK!



## Projects at a glance.



From left: Prim. Dr. Andreas Kainz D.O. (President Friends of WPK), Univ.-Prof. Dr. Dr. h.c. Christoph Zielinski (Medical Director WPK), Doris Kiefhaber (Managing Director of the Österreichische Krebs-hilfe) und Thomas Ebm, AE, MSc (Managing Director of WPK).

### Together against cancer

As part of the Pink Ribbon Initiative 2025, the Friends of WPK, together with Austrian Cancer Aid, were committed to raising awareness, prevention and supporting female cancer patients. With targeted donation and medical expertise – for example through free second opinions – orientation was provided and hope was strengthened. It’s a commitment that makes the connection between competence, humanity and international networking visible.



### Back to elite sport

One example of successful cooperation is Romanian national gymnast Amalia Ghigoartă: after a serious knee injury that threatened her career, she came to Wiener Privatlinik. A specialized team relied on a modern, minimally invasive procedure using a donor tendon and created the basis for a rapid recovery. The decisive factor was the interplay of surgical expertise, early rehabilitation and individual care. Linguistic closeness and personal support provided additional security.



From left: Thomas Ebm (CEO WPK), Octavian Bellu (President Friends of WPK in Romania) and Dr. Walter Ebm (CEO of the Holding AG)

### A bridge between Romania and Vienna

With Friends of WPK, a living bridge between Romania and Vienna has emerged: a committed network accompanies patients empathetically on their path to modern medical care. Supported by personalities such as gymnastics coach Octavian Bellu, trust, personal experiences and guidance are at the center. Wiener Privatlinik counts Romania among its most important countries of origin – especially in oncology and surgery – and combines medical excellence with individual care and a Romanian language service.

# WPK ACADEMY – MEDICINE IN DIALOGUE

The WPK Academy of Wiener Privatklinik stands for high-quality continuing education in medicine, interdisciplinary exchange and practical insights into current developments in modern medicine. Physicians benefit from recognized DFP points, well-founded specialist lectures and direct dialogue with experts. Participation is free of charge.

*Save the date now!*



80th WPK Academy  
**Nutrition as part of  
modern medicine**

29 May 2026, from 2 p.m., **Josephinum Vienna**  
Content: diagnostics, evidence-based therapies and personalized concepts. Continuing education with 4 DFP points, including exchange & case examples.



81st WPK Academy  
**The thyroid gland in focus**

12 June 2026, from 2 p.m., **Josephinum Vienna**  
Content: precise diagnostics, modern surgical and internal medicine therapies as well as individualized treatment concepts. 4 DFP, exchange & practical examples.



82nd WPK Academy  
**Prevention &  
treatment of cancer**

2 October 2026, from 1 p.m.,  
**Romania (specific location tba.)**  
Content: early detection, modern therapy approaches and individual treatment options. Explained in an understandable way with insights into current developments as well as room for exchange and questions.



83rd WPK Academy  
**Movement is life**

tba.  
Content: modern orthopedic diagnostics, innovative conservative and surgical therapies as well as individualized treatment concepts for greater mobility and quality of life. 4 DFP. Exchange & practical examples.

## REVIEW

The **79th WPK Academy on the topic of gastroenterology** once again offered high-quality insights into current medical issues and impressively demonstrated the importance of interdisciplinary collaboration: renowned experts presented the latest findings and discussed practice-related case examples, creating lively professional exchange. The event once again underlined the WPK Academy's ambition to closely connect medical innovation and clinical practice.



Review Video

# “WHERE ACADEMIC EXCELLENCE MEETS PATIENT CARE”: DAS MOLEKULARE TUMORBOARD.

Wiener Privatklinik offers relevant examination methods in the context of precision diagnostics and personalized medicine for patients with malignant diseases, in cooperation with other appropriately specialized institutions. This includes next generation sequencing of tumor material and the determination of molecular mutations from the blood (“liquid biopsy”). In doing so, we follow not only international quality criteria for optimal tumor therapy, but also our own wish to provide our patients with access to targeted medications. Such targeted medications – 17 of which were approved in the past year alone, and whose total number currently amounts to around 150 – are adapted to the respectively identified molecular situation and are significantly more effective than non-targeted treatments such as chemotherapy.

Thus, in recent years, we have learned that it is not the histological result that provides the optimal basis for tumor therapy, but rather the molecular characteristic of the respective tumor that determines the optimal therapy. For this purpose, and to define the optimal therapeutic consequence of a molecular result obtained through a liquid biopsy from the blood, a molecular tumor board has been established at Wiener Privatklinik. It meets regularly and consists of specialists with proven expertise in this field. This board guarantees that even the most complex results of this particularly modern examination method can be used for the benefit of patients, provided that they are suitable and that corresponding medications are available.

Univ.-Prof. Dr. Dr. h.c.  
Christoph Zielinski,  
Medical Director at  
Wiener Privatklinik



# PERSONAL CARE – FROM ADMISSION TO DISCHARGE

Modern medicine thrives on close collaboration between different specialist areas. But what does this mean specifically for patients? A look at nursing care at Wiener Privatlinik shows that care is understood here as a continuous journey – structured, highly professional and empathetic, providing guidance and security from the very beginning.



From the moment patients arrive, it becomes clear what individual care means at Wiener Privatlinik: patients have a fixed appointment, are warmly welcomed and personally accompanied to their room. Nursing staff then take over, explaining the procedures and providing orientation. Why this is important is explained by WPK's Director of Nursing, Gabriele Giehser: "For us, nursing is more than organization: we accompany patients safely, empathetically and competently throughout the entire treatment process."

### Nursing as a central interface

As the process continues, it becomes clear what distinguishes Wiener Privatlinik: the close interaction of all departments. Nursing is far more than supportive. It holds everything together, connects patients, physicians and diagnostics, and ensures smooth, individually coordinated procedures. Thanks to structured processes and modern infrastructure – including CT, MRI and PET – examinations can often be carried out within 24 to 48 hours: for physicians, this means reliable processes; for patients, short waiting times and the reassuring feeling of security.

### Humanity at the center

Equally important for the stay is the personal approach: nursing staff quickly become trusted points of contact. Clear communication, empathy and cultural sensitivity – including care in the patient's native language – are a matter of course. "We do not see patients as cases, but as people with individual needs," emphasizes wound manager Sybille Wojslaw. The range of services is also designed accordingly: physiotherapy seven days a week, individual nutrition plans and specialized wound care make nursing a central part of treatment.

### Seamless care – even after surgery

Especially after an operation, it becomes clear how important good care is. Mobilization begins immediately – accompanied by physiotherapy, including at weekends. At the same time, nursing staff always keep an eye on the healing process, taking care of pain management and responding early if something changes. Specialized wound management is also a natural part of this: experienced professionals not only provide care, but also show relatives what matters and organize further support. This ensures that patients feel well supported – even beyond their hospital stay.

“Nursing at WPK is more than care – it is a reliable companion in patient care.”

Gabriele Giehser, MSc, MBA, Director of Nursing.



### Discharge with foresight

"Even after treatment, Wiener Privatlinik remains by the side of its patients," says Giehser. "For us, discharge is not the end, but part of the recovery process." Everyone receives a clearly structured folder with important information – from findings to care recommendations. If needed, discharge management organizes further steps such as assistive devices, home nursing care or rehabilitation. And the ward remains available – for questions, uncertainties or a reassuring conversation.



Photos S. 20 & S. 21: Suzy Stöckl



# ARRIVE. BLOSSOM. FEEL AT HOME.

Nestled in greenery, far removed from everyday life and yet full of life: Seniorenresidenz Schloss Liechtenstein combines modern care, individual freedom and a vibrant sense of community to create a place that is more than traditional care – somewhere you quickly feel at home.

The special atmosphere can be felt as soon as you enter: outside, a quiet location surrounded by greenery; inside, bright, open rooms with a friendly character. Walking paths, places to rest and nature experiences are just as much a part of it as the functional and pleasantly designed indoor areas – an environment that offers quality of life on many levels.

### Tailor-made care

What distinguishes the residence is the interplay between reliable structures and personal attention. Nursing care, support and service noticeably make everyday life easier. Around one hundred people live here in apartments, many in assisted living. Which services they use – from meals to additional options – is their own decision. Even if the need for care increases, the familiar envi-

ronment is maintained, because the level of support can be flexibly adjusted at any time. “Our aim is to create a place where people feel seen, heard and at home,” explains Director of Nursing **Claudia Götz, MSc.** “This is not just about care, but about lived relationships.”

### Living independently – well supported

Unlike living in one’s own home, the residence combines independence with reliable support. Privacy is always preserved. The residents live in their own apartments and decide for themselves when they want to seek company. A varied program is provided. From exercise to culture, it is oriented toward personal interests while still leaving room for retreat. “Here I have everything I want,” says resident Mr. Maresch, who told his daughter just 14 days after moving in



that she could sell his apartment. What he likes most is that he can go for a walk every day in beautiful surroundings.

### More comfort, more freedom

The focus is on the well-being of the residents. This can be felt as well as seen. Improvements are taking place continuously: a lift is currently being installed so that in future all apartments will be accessible without barriers. “A completely step-free living environment is being created, with greater safety and freedom of movement,”

**Thomas Bogendorfer**, Administrative Director of Seniorenresidenz Schloss Liechtenstein, is pleased to say. That efforts like these are well received is also confirmed by resident Mrs. Muhr: “It simply works for me here. You have everything, everyone is friendly and makes an effort – and everything is so bright and open.”

### New: The day care center

With the new day care center, the senior residence offers a flexible service for everyone seeking care, structure and variety during the day and wishing to return home in the evening. Guests are provided with culinary care, take part in activities and make use of individual offerings – and they too have space to retreat. From Claudia Götz’s perspective, it is an offer with double added value: “For relatives, it means relief, and for guests, social participation and new momentum.”

“Seniorenresidenz Schloss Liechtenstein provides security without restricting, enables community and preserves privacy – and above all creates that homely feeling.”



## Full-Time Living or Day Care – Flexible and Individual

The Schloss Liechtenstein Senior Residence offers tailored solutions for every stage of life. (Day care rates starting at €130)

Information & Registration:



+43 (0) 2236 89 29 00  
liechtenstein@wpk.at

*Inquire now!*

# DOCTORS AT WPK

## AEROMEDICAL CENTER

Dr. Walter Ebm  
MR Dr. Vinod Sharma

## GENERAL MEDICINE

■ Dr. Sylvie Valicek

## ANAESTHESIOLOGY & INTENSIVE CARE MEDICINE

■ Univ.-Prof. Dr. Mohamad Wahid Ahmadi  
■ Ao. Univ.-Prof. Dr. Andreas Bacher  
■ Ao. Univ.-Prof. Dr. Claudia Grabner  
■ Dr. Helmut Hager, D.E.S.A.  
■ Univ.-Prof. Dr. Wilfried Ilias  
*Pain Therapy*  
■ Ass.-Prof. Dr. Ahmad Kashanipour  
■ Dr. Christoph Klasen  
■ Ao. Univ.-Prof. Dr. Claus-Georg Krenn  
■ Univ.-Prof. Dr. Christian Weinstabl  
■ Ass.-Prof. Dr. Marianne Winkler

## OPHTHALMOLOGY & OPTOMETRY

■ Prim Dr. Ramin Baradaran-Dilmaghani  
■ Univ.-Prof. Dr. Rupert Menapace  
*Cataract surgery, laser surgery, special lens implantation*  
■ Univ.-Prof. Dr. Stefan Pieh  
■ Univ.-Prof. Dr. Stefan Sacu  
*Eye surgery, cataract surgery, retinal & macular diseases*

## SURGERY

■ Assoc.-Prof. PD Dr. Reza Asari  
■ Prim. Priv. Doz. Dr. Christoph Ausch  
*General surgery, Vascular Surgery & Visceral Surgery*  
■ Univ. Prof. Dr. Thomas Bachleitner-Hofmann  
*Surgery & Visceral Surgery*  
■ Dr. Alexander Di Monte  
*Visceral Surgery*  
■ Univ. Prof. Dr. Marek Ehrlich  
*Cardiac Surgery*  
■ Dr. Jakob Eichelner  
*General surgery, Robotic Surgery*  
■ OA Dr. Christian Enserer  
*Oncological laparoscopy, single port, colorectal surgery*  
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*Visceral Surgery*  
■ Univ.-Prof. Dr. Florian Fitzal, MBA F.E.B.S.  
■ DR. Thomas Filipitsch  
*General surgery, Visceral Surgery*  
■ Dr. Andreas Franczak  
*Vascular surgery, Visceral Surgery*  
■ OA Dr. Alexis Freitas, F.E.B.S.  
*General surgery, endoscopy, coloproctology*  
■ OA Dr. Viktor Frieders-Justin  
*General surgery, Visceral Surgery*  
■ Univ.-Prof. Dr. Josef Martin Funovics  
*Abdominal Surgery*  
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*General surgery, Visceral Surgery*  
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■ Univ.-Prof. Dr. Thomas Hölzenbein  
*Vascular Surgery*  
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*Oncological Surgery*  
■ Univ.- Prof. Dr. Walter Klepetko  
*Thoracic Surgery*  
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*Vascular surgery*  
■ Univ.-Prof. Dr. Josif Nanobachvili  
*Vascular surgery*  
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■ PD Dr. Alexander Petter-Puchner  
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■ Priv. Doz. Dr. Alexander Prusa  
*Surgery, Visceral Surgery*  
■ Prim. Assoc. Prof. PD Dr. Riss, FEBS  
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■ Univ. Prof. Dr. Albert Tuchmann  
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## NETWORK OF DOCTORS

## NETWORK OF DOCTORS

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■ OA Dr. Savas Tsolakidis, FEBOPRAS

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■ Prim. Priv.-Doz. Dr. Andreas Erfurth  
■ O. Univ.-Prof. DDR. h.c. mult. Dr. Siegfried Kasper  
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■ Dr. Ana-Maria Knus-Botosaneanu  
*Psychiatry and Psychotherapeutic Medicine, Internal Medicine*  
■ Uni.-Prof. Dr. Dan Rujescu  
*Specialist in Psychiatry & Psychotherapy*  
■ Univ.-Prof. DDR. Gabriele Sachs-Erfurth

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■ Dr. Suren Jengojan  
*Specialist in radiology*  
■ OA Dr. David Kuczer  
*Specialist in radiotherapy*  
■ Dr. Alina Sturdza  
*Specialist in radiotherapy*  
■ Prim. Univ.-Prof. Dr. Siegfried Thurnher  
*Interventional radiology, vascular procedures, pain therapy*

## RADIOLOGY CENTER

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■ Univ.-Doz. Dr. Martha Hoffmann  
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■ Priv.-Doz. Dr. Johannes Sailer  
*Specialist in Radiology*

## TRAUMA SURGERY

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*Sports traumatology*  
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*Sports traumatology*  
■ Dr. Richard Maier  
*Sports traumatology*  
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*Sports traumatology*  
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*Sports traumatology*  
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*Peripheral Nerve, Hand & Microsurgery*

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*Sports traumatology, arthroscopic surgery*  
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*Sports traumatology*  
■ Univ.-Prof. Dr. Gobert von Skrbensky  
*Sports orthopaedics*  
■ Dr. Paul Stampfl  
*Sports traumatology*  
■ OA Dr. Peter Valentini  
■ OA Dr. Med. Univ. Alexander Weißenböck  
*Sports traumatology*

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■ Priv. Doz. Dr. Paul F. Engelhardt, FEB  
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■ Univ.-Prof. DDR. Christian Kratzik  
■ Prim. Dr. Wolfgang Loidl  
*Urology, Robotic Surgery*  
■ Univ.-Prof. Priv.-Doz. Dr. Mesut Remzi  
*Urology, Andrology, Robotic Surgery*  
■ Univ.-Prof. Dr. Georg Schatzl  
*Urology, Robotic Surgery*  
■ Assoc. Prof. Priv.-Doz. Dr. Christian Seitz  
*Specialist area: urology*  
■ Doz. Dr. Christopher Springer, MBA  
*Pediatric and Adolescent Surgery*

## INDEPENDENT ORGANISATIONS, COMPANIES & OTHER INSTITUTIONS

Dr. Paul Stuchetz, MBA  
*Amethyst Radiotherapy Austria GmbH*  
ORTHOBEN – Jürgen Kahr  
*Bandagist*

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■ **Contact Doctors' Network**  
simicevic@wpk.at  
marketing@wpk.at

■ **DOCFINDER**  
Overview of all  
WPK "physicians"  
wiener-privatlinik.com/doctors



# WPK MEDICAL HUB: EXPANSION FOR MEDICAL EXCELLENCE

With the conversion and expansion of Wiener Privatlinik, a modern Medical Hub is being created, offering bundled expertise, expanded infrastructure and a clear focus on innovation as well as a premium patient experience. This creates a center that attracts international patients and promotes attractive partnerships within the physicians' network.

**Bundling expertise, strengthening partnerships:** new consultation and rental spaces are being created at Wiener Privatlinik, which will specifically promote cooperation and innovation. In this way, WPK is becoming an integrated Medical Hub and is strengthening its role as a connected player in the healthcare market. One focus is on efficiency: modern operating rooms, specialized centers and an integrated Physio Center are all close together, allowing interdisciplinary treatment to be carried out even more quickly.

**Strengthening education, securing the future:** as an international teaching and continuing education location, the WPK Medical Hub will in future offer optimal conditions

for promoting young talent, training and knowledge transfer. WPK's partners, above all attending physicians, will benefit from state-of-the-art infrastructure – such as flagship operating rooms – as well as from visibility, continuing education and opportunities for co-creation.

**Optimizing the experience, increasing efficiency:** digital solutions such as a patient app and International Patient Desk, as well as optimized services – from family lounges to gastronomy – create a seamless patient journey. Sustainable construction, intelligent building technology and barrier-free architecture ensure future-proof infrastructure and, together with expanded capacities, strengthen competitiveness.

## Renting a consultation room – 2 models

**Flexible all-inclusive consultation room:** available to rent by the hour or by the day, including an all-round package (equipment, network, organization, marketing) – investment-free, non-binding.

**Your own consultation room in the building:** practice operations fully integrated in the building – with a fixed monthly rent, designed for the long term; including clinic access, cooperation opportunities, visibility and marketing support.

Photos: Wiener Privatlinik



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INNOVATION  
CAMPUS  
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# WIENER PRIVATKLINIK GRUPPE



## Medical HUB Vienna WHERE ACADEMIC EXCELLENCE MEETS PATIENT CARE.



Since 1871, the Wiener Privatlinik has stood for medical excellence at the highest level – and today, patients from more than 20 countries entrust this address with the most valuable thing they possess. From 2021 to 2024, it was consistently ranked among the best hospitals in the world, with 28 of its specialists listed on the prestigious Stanford ranking of the world's most influential physicians. Over 300 internationally recognized specialists, 30 fields of expertise, more than 30 languages spoken, and a tailor-made VIP service – from the very first inquiry to discharge.



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